**Academic Resource**

**Ms. Hawks**

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**Instructional Goals**

· To identify and develop an awareness of student learning styles and strengths

· To develop appropriate instructional strategies which enable the student to receive instruction in a setting commensurate with his/her cognitive abilities

· To provide the student access to technology

· To provide the student with access to accommodations

· To provide learning opportunities for the development of executive functioning skills

· To provide learning opportunities for the development of social/emotional skills

· To provide learning opportunities which support student success in completion of graduation requirements

**Academic Resource Class Year-Long Curriculum Outline**

**Quarter 1 Self Assessment**

· Introduction to Academic Resource

· Organization Skills

· Self Awareness

· Disability Awareness and Disclosure

· Goal Setting

· Optimism/Perseverance

**Quarter 2 Self Regulation**

· Self Assessment

· Time Management

· Study Skills

· Collaboration

· Self Regulation and Self Advocacy

· Bullying/Relating To Others

**Quarter 3 Reality Check**

· Self-Assessment

· Stress Management/Test Anxiety

· Communication and Interpersonal Skills

· Career Awareness

· Budgeting/Money Management

**Quarter 4 Preparing for the Future**

· Self-Assessment

· Planning and Preparing for the Next Year

· College Readiness

**·** Dating and Relationships

**Grade Categories**

Assessments: 50%

Classwork: 35%

Homework: 15%